July 2, 2012 - August 24, 2012

BERA Summer Program Information

Since the early 1960's, BNL has had a summer recreation program for the children of BNL employees. Christine Carter, Supervisor of the QOL/BERA/Recreation office is coordinating the program, along with staff and NYS Certified school teachers who will once again join us as BNL Counselors. The BERA Summer Recreation Program is a general arts, crafts and recreation/sports program with gym and swim time each afternoon. For additional information, please call the QOL/BERA/Recreation Office, ext. 5090 or 8481, located in Staff Services, Bldg. 400.

- The BERA Summer Recreation Program will be operational for 8 weeks from Monday, July 2 through Friday, August 24, 2012. NOTE that week #1 is a 4 day week in observance of 4th of July, at the regular fee.
- Hours of the BERA program are 7:45am-5:30pm, Monday-Friday. (with prompt pick up expected at the end of the day)
- Deposit of \$100 per week, per child is due with your application by 4pm on Friday,
 April 20, 2012. The Program fee is \$185 per week, \$160 for the 2nd and \$135
 for the 3rd child. Cash or checks are accepted for payment, as well as credit cards
 with a 3% processing fee added.
- Final payment is due on or before June 1, 2012. Please make checks payable to BERA, and mail to Recreation Office, Building 400. Refunds will NOT be given for cancellations. NO Changes! NO Refunds!
- Space is limited by facility and pool size. We will try to accommodate everyone. A lottery may be instituted if needed.
- Children must be between the ages of 5 and 13, and must be the dependant child of a BNL employee or appointed Guest. All applications will be verified.
- Campers who are 13 years old may participate in a "Counselor in Training" program by assisting the Counselors with organized activities. Their fee will be reduced to \$100 per week if the camper would like to participate, please notify our office.
- Campers should be brought to the Rec Hall (Bldg 317) each morning, NOT earlier than 7:45am and picked up at the pool entrance (Bldg 478) at the end of the day, NOT later than 5:30pm.

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BERA Summer Program Information (Continued)

- Campers will be transported from the Rec Hall to the pool by school bus every
 afternoon. Pick your child up at the pool entrance adjacent to the parking lot off
 Bell Avenue. It is REQUIRED to sign out your child, so park in a <u>designated</u> parking
 space in building 400 parking lot.
- There will be no before care or after care, please be prompt in picking up your child(ren) NOT later than 5:30pm.
- Flexible Spending Accounts can be used; please direct any questions regarding FSA's to Human Resources, ext. 2877.
- We request that the dress of those in the camp be modest and in good taste. We request that one-piece bathing suits be worn by our female campers. If a two piece bathing suit is all you have, please wear a T-shirt or similar cover up.
- Sneakers or sandals should be worn, as flip-flops may prevent children from playing specific games or sports. Please supply your child with sun block, a hat or visor, pool towel, bathing suit, and a sweatshirt, all labeled!
- All pool rules must be adhered to during swim time.
- Certified Swimming instructors will offer group swim lessons once a week. Swim lessons are required and included in the BERA Summer Recreation Program fee. Daily open swim/gym time will be scheduled between 3:15-5:30pm for all campers. Unless a note is submitted to excuse kids from swim, all must participate.
- The BERA Summer Recreation Program is for children ages 5-13. <u>Appropriate</u>
 <u>behavior</u>, language, and dress code are expected of all campers at all times. Failure
 to adhere to the rules set forth will result in dismissal from camp with NO refunds.
- Parents must notify the staff of arrangements to pick up campers early, or to take them for lunch. This must be done before the start of each day.
- Children must bring a bag lunch (cold lunch preferred). Refrigerators are available for the children's lunch bags. Label, label.

July 2, 2012 - August 24, 2012

BERA Summer Program Information (Continued)

- Snacks and drinks will be provided twice daily, with water available at anytime during the day.
- NO electronic devices, iPods or cell phones allowed!
- If your child requires medication during the day, please arrange with the staff for an appropriate time <u>for you</u> to be in the Rec Hall to administer the medication. Counselors and staff will not administer any medications. If your child is sick or becomes injured, the counselors will call you to ask you to pick up your child. BE SURE THAT YOUR CURRENT OFFICE PHONE NUMBER AND ALTERNATE PHONE NUMBER IS ON RECORD. A copy of your child's application with your information will be kept on file at the Rec Hall and pool. Two sets of medications maybe required.
- It is strongly recommended that each child have sunscreen and insect repellant with DEET to prohibit insect and tick bites. For additional information, please go to this BNL webpage: http://www.bnl.gov/esd/wildlife/Lyme_Disease.asp

If you have any questions, please contact Christine Carter, the BERA/Recreation Supervisor, on ext. 5090, or Joanne Rula-Delles, on ext. 8481, Bldg 400.

<u>ACTIVITIES</u>

Children are generally divided into age appropriate groups, but we are flexible and allow the children to choose the supervised activities they want to join. Example of activities during the day:

- Outside play on the Mega Playground (Huge!)
- * Flag football, Soccer, Baseball, Golf, Archery
- Super Soaker water tag
- Treasure hunting
- Air & Knock Hockey, Ping Pong
- * Arts & Crafts- an assortment of challenging and fun projects
- ❖ Free creative play time for the younger kids with puzzles, books, educational toys
- Weekly swim lesson
- Daily swim and gym time
- ❖ Age appropriate videos & films for rainy days
- Twice a day snack time
- Nature Hikes

July 2, 2012 - August 24, 2012

TENTATIVE CALENDAR FOR FRIDAY SPECIALS

Crazy Hat Day - July 6

Children work during the week making their crazy hats. On Friday they parade for the judges in the three age groups. Top "4" win ribbons, and all participants receive a certificate of participation. A make your own ice cream sundae party follows the contest.

Flap Jack Friday - July 13

Treasure Hunt - July 20

Children are divided by age into two groups. The two groups are then divided into two teams. Each team receives different clues that lead to the same treasure.

<u>Pizza Day – July 27</u>

The children play games like Hot Potato and Musical Chairs. Children then have English muffin pizzas and ziti.

<u>Field Day - August 3</u>

The children compete in individual and group activities by age group. In the individual competitions the top "4" winners of each competition receive a ribbon. The winners of the group competitions write their names on the winning poster. All participants receive a certificate of participation.

July 2, 2012 - August 24, 2012

TENTATIVE CALENDAR FOR FRIDAY SPECIALS (Continued)

Surprise Day - Aug 10

Children make lunch bag tickets, which are used to keep track of the ten games they get to play. Eight carnival type games are set up in the Recreation Building. The children win a prize for playing, there are no losers.

International Picnic - date TBD

A luncheon is shared by counselors, children and their parents. Parents are asked to bring a dessert to share.

Fiesta Day - August 17

Two piñatas are made during the week with the help of some children. On Friday morning each child takes a turn trying to break the piñata. The piñata is filled with candy that is divided up later in the morning. Following the piñatas the children sit down to a snack of nachos and cheese.

Movie Day - August 24

Two movies are shown, one for the younger children and one for the older children. The children have popcorn for snack.

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012 BERA Summer	Recreation Progra	m
uly 2, 2012 - August 24, 2012		NAME:
ar, 1, 1011 / agas, 1 1, 101	-	Deposit:
		Balance:
Check dates for the weeks requi	ested for 2012 participation.	(L#E) T. L. 20. 4. 2
(wk#1) July 2-6 (4 days) (wk#2) July 9-13		(wk#5) July 30-Aug 3 (wk#6) August 6-10
(wk#2) July 9-13 (wk#3) July 16-20 <i>Science Pi</i>	rogram grades 4 5 & 6 (confirmed)	(wk#7) August 13-17
(wk#4) July 23-27	ogram, grades 4, 5 à 0 (com milea)	(wk#8) August 20-24
Camper's Name		
Date of Birth	AGE:	Grade in September
Address		Phone
Camper's Name		
Date of Birth	AGE:	Grade in September
Address		Phone
Camper's Name		
	AGE:	•
Address		Phone
Parent/Guardian Information:		
	Life #_	
•		
_		
Tome Phone	Email	
Parent/Guardian	Life #_	Dept & Bldg #
Relationship to Camper		work ext
Mailing Address		CELL
Home Phone	Email	
Emergency Contact		CELL
Doctor's Name		Phone
MEDICAL/SPECIAL NEEDS (must b	e disclosed): List any medical condition or specified need the camp s	ons that could restr
e persons authorized to p	 pick up your child:	

Note: Should we be unable to contact you in the event of an emergency, Brookhaven National Laboratory will take all reasonable medical precautions deemed necessary.

List any allergies your child has (food, medications, etc.):

*COMPLETE & RETURN pages 6-10 to: Recreation Office, Bldg 400, with a \$100 non-refundable deposit per week, per child, payable to BERA. Payment in full is due on or before June 1, 2012.

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Photo Permission Form for 2012 BERA Summer Recreation and Swim Lesson Program Please provide the following information:

Date:			
Child's Name:	(please print)		
Home Telephone:	,		
Tiome relephone		Linan.	(optional)
Photo Permission			
I agree that photos/vid discretion of the Labo		khaven National La	aboratory may be used at the
Please circle one: YE	S NO		
Parent or Guardian – p	please print	Signature of p	parent or guardian

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HOLD HARMLESS AGREEMENT

I,Print name	, being the parent or legal guardian		
Print name			
of	d do give my full consent for his/her		
I fully understand that due to the nature of injury. I agree to assume all risk described release, indemnify, and discharge BERA emplications, including personal injuries and death liabilities which might arise from such particular constituting negligence.	and not described herein. I agree to bloyees and volunteers from any and all , demands, causes of action and suits or		
I further agree to release or waive any claim as guardian for Participant by reason of the releases to legally bind myself, Participant, fullest extent now and in the future.	described program. I make this waiver and		
By executing this Agreement, I/we agree to herein and on the Application on this Agreement			
day of	, 2012.		
Parent/Guardian Signature			

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July 2, 2012 - August 24, 2012

BERA Summer Recreation Swim Program (7weeks)

(Fee included in Camp registration)

July 9 – August 24, 2012

Planned Program: Each child will receive a group swim lesson once a week on a

designated day for 7 weeks. There will be no make-up classes for missed swim lessons. Lessons consist of groups of 7-12 children with

similar swimming abilities.

Day/Time: Monday through Friday – 2:15 pm to 3:15 pm

Place: BNL Pool

Cost: Fee included in the BERA Summer Recreation Program

Participants: Children must be 5 years old to enroll in BERA Summer Recreation

Program. The child should be able to stand flat-footed in the shallow end of the pool, with mouth above the water, approximately 42" tall.

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- Children enrolled for BERA Summer Recreation Swim Program may take 7 weeks of Swim Lessons, even if not enrolled in 7 weeks of the Program. Notify our office if you would like to do this.
- Children will be transported to the pool by shuttle bus.
- We request that the dress of those in the camp be modest and in good taste. We request that one-piece bathing suits be worn by our female campers. If a two piece bathing suit is all you have, please wear a T-shirt or similar cover up.
- NO electronic devices, iPods or cell phones allowed!

*COMPLETE & RETURN pages 6-10 to: Recreation Office, Bldg 400, with a \$100 non-refundable deposit <u>per week, per child,</u> payable to BERA. Payment in full is due on or before June 1, 2012.

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For Office Use Only
NAME:

BERA Summer Recreation Swim Program

(Fee included in Camp registration)

Date registered		
Date redistried		

Advanced Swimmer

Use the following in determining each child's swimming group level:				
Non-Swimmer	Beginner	Advanced Beginner	Intermediate	Swimmer
Not able to swim at all	Not able to swim 40 feet	Able to swim 30 but not 50 yds. Using crawl stroke.	Able to swim 50 but not 100 yds. Using crawl stroke and elementary backstroke.	Able to swim 100 yds. But not able to perform all strokes and swim continuously for 10 minutes.

Weekly schedule of classes: Class 1 Monday Non-Swimmer Class 2 Monday Advanced Beginner Class 3 Tuesday Intermediate Class 4 Tuesday **Beginner** Class 5 Wednesday Non-Swimmer Class 6 Wednesday Intermediate Class 7 Thursday **Beginner** Class 8 Thursday Advanced Beginner Class 9 Friday Swimmer

Class 10

Each child will be scheduled for one group swim lesson every week for a total of seven lessons.

Friday

Child's Name (Please Print)	DOB	Λαο	Requested Class
Cilila's Name (Flease Film)	БОВ	Age	
			1 thru 10 1 st – 2 nd choice
			<u> </u>

NAME (Please print)		
, , , , , , , , , , , , , , , , , , , ,	(Employee, Visitor, Facility User, Guest)	
BNL Life/Guest No	Bldg. No	
BNL Phone Ext.	Home Phone	
Emergency Phone		
Weeks Enrolled in Camp:	Email address:	
Email:		

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